

## LA LECHE LEAGUE OF MONTANA is proud to offer BREASTFEEDING BEYOND NUMBERS

### Presented by Dr. Jack Newman, MD

June 7<sup>th</sup>, 2012 at Jorgensons Inn; 1714 11<sup>th</sup> Avenue Helena MT; 406-442-1770

#### **Conference Schedule**

0745 - 0815	Registration and snacks/coffee
0815 - 0830	Welcome and Introduction
0830 - 1130	Norms for the Breastfeeding Baby
	• The folly of depending on numbers. Why we need to move away from imposing numbers on breastfeeding.
	Norms for the first few days including looking at hypoglycemia and jaundice.
	Norms after the first few days.
1130 - 1230	Soup, Salad and Sandwich Buffet Lunch
1230 - 1400	Late Onset Decreased Milk Supply
1400 - 1530	When Breastfeeding is not Contraindicated
	Discussion of drugs and breastfeeding
	Infant and maternal illnesses and breastfeeding
	Breastfeeding and Adult Health
1530 - 1545	Afternoon Break
1545 - 1700	Breastfeeding a toddler, why on earth?
	<ul> <li>Issues such as introduction of solids, sleep and the baby who won't eat.</li> </ul>

#### **Learning Objectives**

At the end of the conference, the participant will be able to discuss:

- 1. How do we look at more than just the numbers when assessing feeding in the first few days and beyond?
- 2. Issues of hypoglycemia and jaundice in relation to breastfeeding.
- 3. Factors that affect Late Onset Low Milk Supply and what are ways to prevent and manage.
- 4. Drugs and Illnesses when breastfeeding. Breastfeeding as it relates to adult health.
- 5. What are the benefits of extended breastfeeding? How do we address issues with nursing a toddler?

#### **Continuing Nursing Education Credits**

7.5 contact hours will be provided by St. Peter's Hospital (MNA-04-SPH-14), an approved provider of continuing nursing education by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation. This activity has not received commercial support from any source. The Speaker for this activity has declared no conflict of interest with regard to this presentation. Application for CERP's has been submitted to the International Board of Lactation Consultant Examiners.

For more information visit http://www.llli.org/web/montana.html or

email Melissa at helenalaleche@gmail.com

## La Leche League of Montana's

# Breastfeeding Beyond Numbers - June 7<sup>th</sup>, 2012 with Dr. Jack Newman

Target Audience includes, but is not limited to Doctors, Nurses, Lactation Consultants and Counselors, WIC employees, Dieticians, Doulas, La Leche League Leaders, and others who are interested in supporting families throughout the breastfeeding experience.

Course Fee of \$100 includes morning snacks, coffee, and lunch.

Registration Deadline received by no later than May 31<sup>st</sup>, 2012.

Refund only if requested before Registration Deadline.

## **REGISTRATION**

Name:
Address:
Phone:
Email:
Job Title/Institution :
Continuing Education Requested upon approval:
Contact Hours CERPS's
Please make checks payable to: La Leche League of Montana
Please mail completed registration and check to:
La Leche League of Montana
4538 Emerald Ridge Loop
Helena MT 59602